

# My Goals

## ACTION PLAN

DATE:

### GOAL 1

#### TASKS TO COMPLETE:

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#### MILESTONES:

*"A goal without a plan is just a wish."*

### S.M.A.R.T FRAMEWORK

- **Specific:** Make your goal clear and exact. *What do you want to accomplish?*
- **Measurable:** Include a way to track your progress. *How will you know when it's done?*
- **Achievable:** Set a realistic goal you can reach. *Is this possible with my resources and time?*
- **Relevant:** Ensure the goal fits your broader plans. *Why is this important to me?*
- **Time-bound:** Set a deadline. *When do I want to achieve this by?*

### GOAL 2

#### TASKS TO COMPLETE:

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#### MILESTONES:

### GOAL 3

#### MILESTONES:

### GOAL 5

#### TASKS TO COMPLETE:

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#### MILESTONES:

#### TASKS TO COMPLETE:

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### GOAL 4

#### TASKS TO COMPLETE:

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#### MILESTONES:

*"All our dreams can come true, if we have the courage to pursue them."*